

**SPITALUL JUDETEAN DE URGENTA BUZAU**

**REGIM SPECIAL CULTE RELIGIOASE (fara carne porc) 2 – 8 martie 2026**

| ZIUA     | DIMINEATA   | PRANZ   | SEARA  |
|----------|---|---|--|
| LUNI     | Ceai, paine**(1),<br>gem-1buc,<br>Unt(4)-1buc,          | Ciorba de zarzavat(1,2,5)<br>Peste la cuptor(1,7) cu piure de cartofi | Orez sarbesc<br>Biscuiti(1)<br>ceai  |
| MARTI    | Ceai, paine**(1),<br>Unt(4)-1buc,<br>Cascaval(4)-100buc | Supa cu galuste(1,2,5)<br>Fasole verde(7) cu carne pui(7)-150g*       | Budinca de macaroane cu branza<br>de vaci(1,2,4)<br>ceai                     |
| MIERCURI | Ceai, paine**(1),<br>Unt(4)-1buc,<br>Gem-1buc           | Ciorba de zarzavat(1,2,5)<br>Mazare(7) cu carne pui(7)-150g*          | Gris cu lapte(1,2,4)<br>compot   |
| JOI      | Ceai, paine**(1),<br>Cascaval(4)-100g,<br>Unt(4)-1buc   | Supa crema de legume(2,5)<br>Peste(7) la tava-300g* cu cartofi sote   | Mamaliguta cu branza vaci<br>(100g) si smantana (100g)(4)<br>Ceai+biscuit(1) |
| VINERI   | Ceai, paine**(1),<br>Gem-1buc,<br>Unt(4)-1buc           | Ciorba de cartofi(1,2,5)<br>Mancare de rosii cu carne pui(7)-150g*    | Orez cu lapte(4)<br>Ceai+biscuit(1)  |
| SAMBATA  | Ceai, paine**(1),<br>Pate de pui-100g,<br>Unt(4)-1buc   | Bors de zarzavat(1,2,5)<br>Friptura de pui(7)-150g* cu paste(1,2)     | Cartofi copti cu chimen<br>Compot  |
| DUMINICA | Ceai, paine**(1),<br>Cascaval(4)-100g,<br>1 ou(2) fiert | Supa de rosii(5)<br>Friptura de pui(7)-150g* cu pilaf                 | Ghiveci de legume cu carne<br>pui(7)-150g*<br>ceai                           |

\* -gramaj inainte de prepararea termica

\*\*-paine-300g

CIFRE- LISTA ALERGENI

Intocmit, As. Diet.:

Olteanu Lorena