

SPITALUL JUDETEAN DE URGENTA BUZAU

REGIM 5 (renal) 2 – 8 martie 2026

| ZIUA     | DIMINEATA                                            | PRANZ ORA 16:00                                                                     | SEARA                                  |
|----------|------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------|
| LUNI     | Ceai, paine(1)** , gem-1buc<br>unt-1buc<br>compot    | Supa de fidea(1,2,5)<br>Rasol pui(7)-150g* cu cartofi<br>Pandispan(1,2)             | Paste cu branza vaci(1,2,4)<br>ceai    |
| MARTI    | Ceai, paine**(1), gem-1buc,<br>unt(4)-1buc<br>compot | Supa cu galusti(1,2,5)<br>Rasol pui(7)-150g* cu pilaf                               | Fidea cu lapte(1,2,4)<br>ceai          |
| MIERCURI | ceai, paine**(1), unt(4)-1buc,<br>gem-1buc<br>compot | Supa de fidea(1,2,5)<br>Rasol pui(7)-150g* cu cartofi                               | Orez cu lapte(4)<br>Ceai               |
| JOI      | Ceai, paine**(1), gem-1buc,<br>unt(4)-1buc<br>compot | Supa de galusti(1,2,5)<br>Rasol pui(7)-150g* cu pilaf<br>Prajitura cu branza(1,2,4) | Cartofi cu branza vaci(4)<br>ceai      |
| VINERI   | Ceai, paine**(1), unt(4)-1buc,<br>gem-1buc<br>compot | Supa de fidea(1,2,5)<br>Rasol pui(7)-150g* cu cartofi                               | Spaghete cu branza vaci(1,2,4)<br>ceai |
| SAMBATA  | Ceai, paine**(1), gem-1buc,<br>unt(4)-1buc<br>compot | Supa cu fidea(1,2,5)<br>Rasol pui(7)-150g* cu paste(1,2)                            | Orez cu lapte(4)<br>Ceai               |
| DUMINICA | Ceai, paine**(1), unt(4)-1buc,<br>gem-1buc<br>Compot | Supa de galusti(1,2,5)<br>Rasol pui(7)-150g* cu orez                                | Gris cu lapte(1,4)<br>ceai             |

\* - gramaj inainte de prepararea termica

\*\*-paine- 300g

CIFRE- LISTA ALERGENI

Intocmit, As. Diet.,  
Olteanu Lorena