

SPITALUL JUDETEAN DE URGENTA BUZAU

Regim 2b (dupa 3-5 zile post-operator) 16 – 22 martie 2026

| ZIUA | DIMINEATA | PRANZ ORA 16:00 | SEARA |
|----------|---|--|-------------------------------------|
| LUNI | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu fidea(1,2,5 Rasol pui(7)-150g* cu piure de cartofi | Paste cu branza vaci(1,2,4) ceai |
| MARTI | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu galusti(1,2,5) Rasol pui(7)-150g* cu pilaf | Fidea cu lapte(1,2,4) ceai |
| MIERCURI | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu fidea(1,2,5) Rasol pui(7)-150g*+paste cu branza vaci | Orez cu lapte(4) ceai |
| JOI | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu galusti(1,2,5) Rasol pui(7)-150g* cu pilaf | Cartofi cu branza vaci(4) ceai |
| VINERI | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu fidea(1,2,5) Rasol pui(7)-150g* cu cartofi | Paste cu branza vaci(1,2,4) ceai |
| SAMBATA | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu fidea(1,2,5) Rasol pui(7)-150g*+ paste cu branza vaci(1,2) | Orez cu lapte(4) ceai |
| DUMINICA | Ceai, paine(1)** , unt- 1buc, Branza vaci(4)-50g iaurt(4) | Supa cu galusti(1,2,5) Rasol pui(7)-150g* cu orez | Gris cu lapte(1,4) ceai |

* - gramaj inainte de prepararea termica

** - paine-300g

CIFRE- LISTA ALERGENI

INTOCMIT,
As. Diet. Olteanu Lorena