

SPITALUL JUDETEAN DE URGENTA BUZAU

RG 2A 16 - 22 februarie 2026
(primele 3-5 zile post-operator)

| ZIUA | DIMINEATA | PRANZ | ORA 16:00 | SEARA |
|----------|---|--|-----------|-------------------------------------|
| LUNI | Ceai, paine(1)**, unt(4) -1buc Branza vaci(4)-100g | Supa cu fidea (1,2,5) iaurt(4) Piure de cartofi cu br vaci(4) | | Paste cu branza vaci(1,2,4) ceai |
| MARTI | Ceai, paine**(1), unt(4) -1buc Branza vaci(4)-100g | Supa cu galusti(1,2,5) iaurt(4) Pilaf cu unt(4) | | Fidea cu lapte(1,2,4) ceai |
| MIERCURI | ceai, paine**(1), unt(4)-1buc Branza vaci(4)-100g | Supa cu fidea(1,2,5) iaurt(4) 1 ou(2) +paste cu branza vaci | | Orez cu lapte(1,4) ceai |
| JOI | ceai, paine**(1), unt(4)-1buc Branza vaci(4)-100g | Supa cu galusti(1,2,5) iaurt(4) Pilaf cu unt(4) | | Cartofi cu branza vaci(4) ceai |
| VINERI | Ceai, paine**(1), unt(4) -1buc Branza vaci(4)-100g | Supa cu fidea(1,2,5) iaurt(4) Cartofi cu branza vaci(4) | | Paste cu branza vaci(1,2,4) ceai |
| SAMBATA | Ceai, paine**(1), unt (4)-1buc Branza vaci(4)-100g | Supa cu fidea(1,2,5) iaurt(4) 1 ou(2)+paste cu branza vaci | | Orez cu lapte(1,4) ceai |
| DUMINICA | Ceai, paine**(1), unt(4)-1buc Branza vaci(4)-100g | Supa cu galusti(1,2,5) iaurt(4) Pilaf cu unt(4) | | Gris cu lapte (1,4) ceai |

*-paine-300g

CIFRE- LISTA ALERGENI

Intocmit, As. Diet.,
Olteanu Lorena