

**SPITALUL JUDETEAN DE URGENTA BUZAU**

**Regim 1 – 3 ani 23 – 29 martie 2026**

ZIUA	DIMINEATA	PRANZ	ORA16:00	SEARA
LUNI	Ceai, paine**(1), Cascaval(4) 100g, Unt(4)-1buc	Ciorba de zarzavat (1,2,5) banana Friptura pui(7) (150 g)cu piure pandispan (1,2)		Paste cu branza vaci (1,2,4) ceai + biscuiti(1)
MARTI	Ceai, paine**(1), unt(4)-1buc Telemea(4)-100g	Supa cu galusti (1,2,5) banana Friptura pui(7)- (150g*) cu paste		Fidea cu lapte(1,2,4) Ceai+biscuiti(1)
MIERCURI	ceai, paine**(1), gem_1buc,Unt(4)-1buc omleta	Ciorba de zarzavat(1,2,5) banana Friptura pui(7)- (150g) cu mazare Salam de biscuiti		Orez cu lapte(4) Ceai + biscuiti(1)
JOI	ceai, paine**(1), Unt(4)-1buc 1 ou(2) fiert	Supa cu galusti (1,2,5) Friptura pui(7) (150g*) cu cartofi piure prajitura cu branza (1,2,4)		Mamaliguta cu branza si smantana(4) Ceai+biscuiti(1)
VINERI	Ceai, paine**(1) unt(4)-1buc sunca presata(4)-100g	Ciorba de zarzavat(1,2,5) banana Friptura pui(7)-(150g*)cu pilaf		Spaghete cu branza vaci(1,2,4) Ceai+biscuiti(1)
SAMBATA	Ceai, paine**(1) unt(4)-1buc Cascaval(4)l-100g	Ciorba de cartofi(1,2,5) banana Friptura pui (7)-(150g*) cu paste(1,2)		Orez cu lapte(4) Ceai+biscuiti(1)
DUMINICA	Ceai, paine**(1), unt(4)-1buc 1 ou(2) fiert	Supa cu galusti(1,2,5) banana Friptura pui (150g) +cartofi si morcov sote		Gris cu lapte(1,4) ceai+biscuiti(1)

\*-gramaj inainte de prepararea termica

\*- paine-200g

CIFRE-LISTA ALERGENI



Intocmit,  
As. Diet. Olteanu Lorena