

**SPITALUL JUDETEAN DE URGENTA BUZAU**

**Regim 1 – 3 ani 2 – 8 martie 2026**

| ZIUA     | DIMINEATA  | PRANZ ORA16:00  | SEARA  |
|----------|--|---|--|
| LUNI     | Ceai, paine**(1),<br>Cascaval(4) 100g,<br>Unt(4)-1buc    | Ciorba de zarzavat (1,2,5) banana<br>Friptura pui(7) (150 g)cu piure<br>pandispan (1,2)               | Paste cu branza vaci (1,2,4)<br>ceai + biscuiti(1)         |
| MARTI    | Ceai, paine**(1),<br>unt(4)-1buc<br>Telemea(4)-100g      | Supa cu galusti (1,2,5) banana<br>Friptura pui(7)- (150g*) cu paste                                   | Fidea cu lapte(1,2,4)<br>Ceai+biscuiti(1)                  |
| MIERCURI | ceai, paine**(1),<br>gem_1buc,Unt(4)-1buc<br>omleta      | Ciorba de zarzavat(1,2,5) banana<br>Friptura pui(7)- (150g) cu mazare<br>Salam de biscuiti            | Orez cu lapte(4)<br>Ceai + biscuiti(1)                     |
| JOI      | ceai, paine**(1),<br>Unt(4)-1buc<br>1 ou(2) fiert        | Supa cu galusti (1,2,5)<br>Friptura pui(7) (150g*) cu cartofi<br>piure<br>prajitura cu branza (1,2,4) | Mamaliguta cu branza si<br>smantana(4)<br>Ceai+biscuiti(1) |
| VINERI   | Ceai, paine**(1)<br>unt(4)-1buc<br>sunca presata(4)-100g | Ciorba de zarzavat(1,2,5) banana<br>Friptura pui(7)-(150g*)cu pilaf                                   | Spaghete cu branza vaci(1,2,4)<br>Ceai+biscuiti(1)         |
| SAMBATA  | Ceai, paine**(1)<br>unt(4)-1buc<br>Cascaval(4)l-100g     | Ciorba de cartofi(1,2,5) banana<br>Friptura pui (7)-(150g*) cu<br>paste(1,2)                          | Orez cu lapte(4)<br>Ceai+biscuiti(1)                       |
| DUMINICA | Ceai, paine**(1),<br>unt(4)-1buc<br>1 ou(2) fiert        | Supa cu galusti(1,2,5) banana<br>Friptura pui (150g) +cartofi si<br>morcov sote                       | Gris cu lapte(1,4)<br>ceai+biscuiti(1)                     |

\*-gramaj inainte de prepararea termica

\*- paine-200g

CIFRE-LISTA ALERGENI

Intocmit,  
As. Diet. Olteanu Lorena